

## EMT COURSE SCHEDULE

### **Less Stress Instructional Svcs - Cedar Grove - May Nights 2025**

*This course is a part-time commitment of around 16 skills hours plus 6-8 hours of online lessons and reading every week*

Course Session	Date	Time	Day	Lecturer/Instructor	Due by this day:
Orientation <b>In-Person Session</b>	4/22/2026	1830-2230	Wednesday	Vanessa Ojeda	<b>Due by this session:</b> Make sure you have your date of birth and Social Security Number to make an account with the Department of Health. Bring your original Training Fund Form if you are using that as a payment type.
Scheduled Check-In <b>Online Meeting</b>	4/29/2026	1830-2230	Wednesday	Vanessa Ojeda	<b>Due by this session:</b> - Online session 1.01 – EMS Systems – 2.5 hours - Online session 1.02 – Research – 0.75 hours - Online session 1.03 – Therapeutic Comms – 1.5 hrs - Online session 1.04 – EMS Sys Comms – 0.75 hrs - Online session 1.05 – Med/Ethical/Legal – 3 hrs - Online session 1.06 – Documentation – 1.5 hrs - Online session 1.07 – Medical Term – 1.0 hr - Online session 1.08 – Anatomy & Phys – 2.0 hrs
<b>1st Quarter</b>					
1.14 – Preparatory Skills 1.15 – Lifting Moving lab 1.16 – MOD 1 Exam <b>In-Person Session</b>	5/5/2026	6:30:00 PM - 10:30:00 PM	Tuesday	Vanessa Ojeda	<b>Due by this session:</b> - Online session 1.09 – Workforce Well-Being – 1.5 hr - Online session 1.10 – Life Span Development – 1 hr - Online session 1.11 – Pathophysiology – 2.0 hrs - Online session 1.12 – Public Health – 0.75 hrs - Online session 1.13 – Pharmacology / Medications Administration – 1.25 hrs - <b>Complete MOD 1 Pretest with 80% or better score</b> - Online session 2.01 – Airway – 3 hrs
2.02 – Airway Skills Lab I <b>In-Person Session</b>	5/7/2026	6:30:00 PM - 0.9375	Thursday	Vanessa Ojeda	<b>Due by this session:</b> - Online session 3.01 – Scene Size-up – 1.0 hour - Online session 3.02 – Initial Assess – 1.0 hr - Online session 3.03 – History Taking – 0.75 hrs
2.03 – Airway Skills Lab II <b>In-Person Session</b>	5/9/2026	8:00:00 AM- 12:00:00 PM	Saturday	Vanessa Ojeda	<b>Due by this session:</b> - Online session 3.04 – Secondary Assess – 1 hr - Online session 3.06 – Monitor Devices – 0.5 hr
2.04 – Airway Scenario Lab <b>In-Person Session</b>	5/9/2026	12:30:00 PM - 4:30:00 PM	Saturday	Vanessa Ojeda	<b>Due by this session:</b> - Online session 3.07 – Reassessment – 0.25 hrs - Online session 3.08 – Put it all together 0.5 hr - Online session 3.09 – Vital Signs Didactic 1 hr
2.05 – MOD 2/Q1 Exam <b>In-Person Session</b>	5/12/2026	6:30:00 PM - 10:30:00 PM	Tuesday	<b>1<sup>st</sup> Quarter Exam – Cognitive and Psychomotor</b> Vanessa Ojeda	<b>Due by this session:</b> - Online session 4.01 – Medical Overviews – 0.75 hr - Online session 4.02 – Psych Emerg – 1.25 hours - <b>Complete MOD 2 Pretest with 80% or better score</b>

2nd Quarter					
3.05 – PT Assess Lab I <b>In-Person Session</b>	5/14/2026	6:30:00 PM - 10:30:00 PM	Thursday	Vanessa Ojeda	<b>Due by this session:</b> - Online session 4.01 – Medical Overviews – 0.75 hour - Online session 4.02 – Psychiatric Emergencies – 1.25 hrs - Online session 4.03 – Gastrointestinal – 0.75 hours
3.10 – Secondary Assess Lab <b>In-Person Session</b>	5/16/2026	8:00:00 AM - 12:00:00 PM	Saturday	Vanessa Ojeda	<b>Due by this session:</b> - Online session 4.04 – Immunology – 1.25 hours - Online session 4.05 – Endocrine – 1.0 hour
3.11 - PT Assess Lab II <b>In-Person Session</b>	5/16/2026	12:30:00 PM - 4:30:00 PM	Saturday	Vanessa Ojeda	<b>Due by this session:</b> - Online session 4.07 – Respiratory Emergencies – 2.0 hrs - Online session 4.08 – Neurologic Emergencies – 1.5 hrs - Online session 4.09 – Toxicology – 1.75 hours
3.12 - PT Assess Lab III <b>In-Person Session</b>	5/19/2026	6:30:00 PM - 10:30:00 PM	Tuesday	Vanessa Ojeda	<b>Due by this session:</b> - Online session 4.10 – Cardiology – 2.0 hours - Online session 4.11 – Medication Protocols – 1.0 hour
3.13 – Assessment Testing <b>In-Person Session</b>	5/21/2026	6:30:00 PM - 10:30:00 PM	Thursday	Vanessa Ojeda	<b>Due by this session:</b> - Online session 4.13 – Non-Traum Ortho/ENT – 1.00 hr - Online session 4.14 – Genitourinary – 0.25 hours - Online session 4.15 – Gynecological – 0.25 hours - Online session 4.16 – Hematological – 0.5 hours - Online session 4.17 – Infectious Disease – 0.75 hours <b>- Complete MOD 3 Pretest with 80% or better score</b>
4.06 – Medical Lab I <b>In-Person Session</b>	5/26/2026	6:30:00 PM - 10:30:00 PM	Tuesday	Vanessa Ojeda	<b>Due by this session:</b> - Online session 5.01 – Resuscitation and Shock – 3.00 hrs
4.12 – Medical Lab II <b>In-Person Session</b>	5/28/2026	6:30:00 PM - 10:30:00 PM	Thursday	Vanessa Ojeda	<b>Due by this session:</b> - Online session 6.01 – Trauma Overviews – 1.5 hours - Online session 6.02 – Bleeding – 1.25 hour
4.18 – Medical Patients III <b>In-Person Session</b>	5/30/2026	8:00:00 AM - 12:00:00 PM	Saturday	Vanessa Ojeda	<b>Due by this session:</b> - Online session 6.03 – Chest Trauma – 1.5 hours - Online session 6.04 – Abdominal & Genito – 2.0 hrs
4.19 – Medical Scenario Lab <b>In-Person Session</b>	5/30/2026	12:30:00 PM - 4:30:00 PM	Saturday	Vanessa Ojeda	<b>Due by this session:</b> - Online session 6.05 – Musculo-Skeletal Injuries – 2.0 hrs
4.20 – 2 <sup>nd</sup> Quarter Testing <b>In-Person Session</b>	6/2/2026	6:30:00 PM - 10:30:00 PM	Tuesday	<b>2<sup>nd</sup> Quarter Exam – Cognitive and Psychomotor</b> Vanessa Ojeda	<b>Due by this session:</b> - Online session 6.06 – Head and Spine Injuries – 2.25 hrs - Online session 6.07 – Neurological – 0.25 hours <b>- Complete MOD 4 Pretest with 80% or better score</b>
3rd Quarter					
5.02 – Resuscitation Skills <b>In-Person Session</b>	6/4/2026	6:30:00 PM - 10:30:00 PM	Thursday	Vanessa Ojeda	<b>Due by this session:</b> - Online session 6.09 – Soft Tissue Injuries – 2.0 hours - Online session 6.10 – Special Considerations – 1.0 hour

5.03 – Resus & Shock Scenario Lab <b>In-Person Session</b>	6/6/2026	8:00:00 AM - 12:00:00 PM	Saturday	Vanessa Ojeda	<b>Due by this session:</b> - Online session 6.11 – Environ Emergencies – 2.0 hours - Online session 6.12 – Multi-System Trauma – 0.75 hours
5.04 – Resus & Shock Testing <b>In-Person Session</b>	6/6/2026	12:30:00 PM - 4:30:00 PM	Saturday	Vanessa Ojeda	<b>Due by this session:</b> - Online session 7.01 – Obstetrics – 2.0 hours - Online session 7.02 – Neonatal – 0.75 hours <b>- Complete MOD 5 Pretest with 80% or better score</b>
6.08 – Trauma Skills I <b>In-Person Session</b>	6/9/2026	6:30:00 PM - 10:30:00 PM	Tuesday	Vanessa Ojeda	<b>Due by this session:</b> - Online session 7.04 – Pediatrics – 3.0 hour
6.13 – Trauma Skills II <b>In-Person Session</b>	6/11/2026	6:30:00 PM - 10:30:00 PM	Thursday	Vanessa Ojeda	<b>Due by this session:</b> - Online session 7.03 – Patients w Special Needs – 1.0 hrs - Online session 7.04 – Pediatrics – 3.0 hour - Online session 7.05 – Geriatrics – 2.0 hours
6.14 – Trauma Scenario Lab <b>In-Person Session</b>	6/13/2026	8:00:00 AM - 12:00:00 PM	Saturday	Vanessa Ojeda	<b>Due by this session:</b> - Online session 8.01 – Ground Safety/Amb Ops – 1.5 hrs - Online session 8.02 – Air Medical – 0.25 hours - Online session 8.03 – MCI due to Terrorism – 0.75 hours
6.15 – Trauma Testing <b>In-Person Session</b>	6/13/2026	12:30:00 PM - 4:30:00 PM	Saturday	<b>3<sup>rd</sup> Quarter Exam – Cognitive and Psychomotor</b> Vanessa Ojeda	<b>Due by this session:</b> - Online session 8.04 – Vehicle Extrication – 1.0 hour - Online session 8.05 – Multiple Casualty Inc – 1.0 hrs <b>- Complete MOD 6 Pretest with 80% or better score</b>
<b>4th Quarter</b>					
7.06 – Spec Population Skills 7.07 – Spec Population Test <b>In-Person Session</b>	6/16/2026	6:30:00 PM - 10:30:00 PM	Tuesday	Vanessa Ojeda	<b>Due by this session:</b> - Online session 8.06 – HazMat Awareness – 2.00 hour - Online session 8.07 – ICS 100– 2.00 hours <b>- Complete MOD 7 Pretest with 80% or better score</b>
8.10 – Operations Skills <b>In-Person Session</b>	6/18/2026	6:30:00 PM - 10:30:00 PM	Thursday	Vanessa Ojeda	<b>Due by this session:</b> - Online session 8.08 – NIMS – 2.00 hours - Online session 8.09 – Developmental Dis – 0.5 hrs
8.11 – Operations Test 9.01 – Final Practice Day <b>In-Person Session</b>	6/20/2026	8:00:00 AM - 12:00:00 PM	Saturday	Vanessa Ojeda	<b>Complete MOD 8 Pretest with 80% or better score</b>
9.02a – Final Testing I <b>In-Person Session</b>	6/20/2026	12:30:00 PM - 4:30:00 PM	Saturday	Vanessa Ojeda	<b>Due by this session:</b> - None
9.02b – Final Testing II <b>In-Person Session</b>	6/23/2026	6:30:00 PM - 10:30:00 PM	Tuesday	<b>Final - 4<sup>th</sup> Quarter Exam – Cognitive and Psychomotor</b> Vanessa Ojeda	<b>Complete MOD 9 Pretest with 80% or better score</b>