

## EMT COURSE SCHEDULE

### Less Stress Instructional Svcs -Cedar Grove - Oct Nights 2025

*This course is a part-time commitment of around 16 skills hours plus 6-8 hours of online lessons and reading every week*

Course Session	Date	Time	Day	Lecturer/Instructor	Due by this day:
Orientation <b>In-Person Session</b>	10/8/2025	1830-2030	Wednesday	Vanessa Ojeda	<b>Due by this session:</b> Have your account made at NJEMS.us and your EMS ID Number ready Have your student agreement signed and ready to turn in
Scheduled Check-In <b>Online Meeting</b>	10/15/2025	1830-2030	Wednesday	Vanessa Ojeda	<b>Due by this session:</b> - Online session 1.01 – EMS Systems – 2.5 hours - Online session 1.02 – Research – 0.75 hours - Online session 1.03 – Therapeutic Comms – 1.5 hrs - Online session 1.04 – EMS Sys Comms – 0.75 hrs - Online session 1.05 – Med/Ethical/Legal – 3 hrs - Online session 1.06 – Documentation – 1.5 hrs - Online session 1.07 – Medical Term – 1.0 hr - Online session 1.08 – Anatomy & Phys – 2.0 hrs
<b>1st Quarter</b>					
1.14 – Preparatory Skills 1.15 – Lifting Moving lab 1.16 – MOD 1 Exam <b>In-Person Session</b>	10/23/2025	6:30:00 PM - 10:30:00 PM	Thursday	Vanessa Ojeda	<b>Due by this session:</b> - Online session 1.09 – Workforce Well-Being – 1.5 hr - Online session 1.10 – Life Span Development – 1 hr - Online session 1.11 – Pathophysiology – 2.0 hrs - Online session 1.12 – Public Health – 0.75 hrs - Online session 1.13 – Pharmacology / Medications Administration – 1.25 hrs - <b>Complete MOD 1 Pretest with 80% or better score</b> - Online session 2.01 – Airway – 3 hrs
2.02 – Airway Skills Lab I <b>In-Person Session</b>	10/25/2025	8:00:00 AM - 1200PM	Saturday	Vanessa Ojeda	<b>Due by this session:</b> - Online session 3.01 – Scene Size-up – 1.0 hour - Online session 3.02 – Initial Assess – 1.0 hr - Online session 3.03 – History Taking – 0.75 hrs
2.03 – Airway Skills Lab II <b>In-Person Session</b>	10/25/2025	12:30:00 PM- 4:30:00 PM	Saturday	Vanessa Ojeda	<b>Due by this session:</b> - Online session 3.04 – Secondary Assess – 1 hr - Online session 3.06 – Monitor Devices – 0.5 hr
2.04 – Airway Scenario Lab <b>In-Person Session</b>	10/28/2025	6:30:00 PM - 10:30:00 PM	Tuesday	Vanessa Ojeda	<b>Due by this session:</b> - Online session 3.07 – Reassessment – 0.25 hrs - Online session 3.08 – Put it all together 0.5 hr - Online session 3.09 – Vital Signs Didactic 1 hr
2.05 – MOD 2/Q1 Exam <b>In-Person Session</b>	10/30/2025	6:30:00 PM - 10:30:00 PM	Thursday	<b>1<sup>st</sup> Quarter Exam – Cognitive and Psychomotor</b> Vanessa Ojeda	<b>Due by this session:</b> - Online session 4.01 – Medical Overviews – 0.75 hr - Online session 4.02 – Psych Emerg – 1.25 hours - <b>Complete MOD 2 Pretest with 80% or better score</b>

2nd Quarter					
3.05 – PT Assess Lab I <b>In-Person Session</b>	11/1/2025	8:00:00 AM - 12:00:00 PM	Saturday	Vanessa Ojeda	<b>Due by this session:</b> - Online session 4.01 – Medical Overviews – 0.75 hour - Online session 4.02 – Psychiatric Emergencies – 1.25 hrs - Online session 4.03 – Gastrointestinal – 0.75 hours
3.10 – Secondary Assess Lab <b>In-Person Session</b>	11/1/2025	12:30:00 PM - 4:30:00 PM	Saturday	Vanessa Ojeda	<b>Due by this session:</b> - Online session 4.04 – Immunology – 1.25 hours - Online session 4.05 – Endocrine – 1.0 hour
3.11 - PT Assess Lab II <b>In-Person Session</b>	11/4/2025	6:30:00 PM - 10:30:00 PM	Tuesday	Vanessa Ojeda	<b>Due by this session:</b> - Online session 4.07 – Respiratory Emergencies – 2.0 hrs - Online session 4.08 – Neurologic Emergencies – 1.5 hrs - Online session 4.09 – Toxicology – 1.75 hours
3.12 - PT Assess Lab III <b>In-Person Session</b>	11/6/2025	6:30:00 PM - 10:30:00 PM	Thursday	Vanessa Ojeda	<b>Due by this session:</b> - Online session 4.10 – Cardiology – 2.0 hours - Online session 4.11 – Medication Protocols – 1.0 hour
3.13 – Assessment Testing <b>In-Person Session</b>	11/8/2025	8:00:00 AM - 12:00:00 PM	Saturday	Vanessa Ojeda	<b>Due by this session:</b> - Online session 4.13 – Non-Traum Ortho/ENT – 1.00 hr - Online session 4.14 – Genitourinary – 0.25 hours - Online session 4.15 – Gynecological – 0.25 hours - Online session 4.16 – Hematological – 0.5 hours - Online session 4.17 – Infectious Disease – 0.75 hours <b>- Complete MOD 3 Pretest with 80% or better score</b>
4.06 – Medical Lab I <b>In-Person Session</b>	11/8/2025	12:30:00 PM - 4:30:00 PM	Saturday	Vanessa Ojeda	<b>Due by this session:</b> - Online session 5.01 – Resuscitation and Shock – 3.00 hrs
4.12 – Medical Lab II <b>In-Person Session</b>	11/11/2025	6:30:00 PM - 10:30:00 PM	Tuesday	Vanessa Ojeda	<b>Due by this session:</b> - Online session 6.01 – Trauma Overviews – 1.5 hours - Online session 6.02 – Bleeding – 1.25 hour
4.18 – Medical Patients III <b>In-Person Session</b>	11/13/2025	6:30:00 PM - 10:30:00 PM	Thursday	Vanessa Ojeda	<b>Due by this session:</b> - Online session 6.03 – Chest Trauma – 1.5 hours - Online session 6.04 – Abdominal & Genito – 2.0 hrs
4.19 – Medical Scenario Lab <b>In-Person Session</b>	11/15/2025	8:00:00 AM - 12:00:00 PM	Saturday	Vanessa Ojeda	<b>Due by this session:</b> - Online session 6.05 – Musculo-Skeletal Injuries – 2.0 hrs
4.20 – 2 <sup>nd</sup> Quarter Testing <b>In-Person Session</b>	11/15/2025	12:30:00 PM - 4:30:00 PM	Saturday	<b>2<sup>nd</sup> Quarter Exam – Cognitive and Psychomotor</b> Vanessa Ojeda	<b>Due by this session:</b> - Online session 6.06 – Head and Spine Injuries – 2.25 hrs - Online session 6.07 – Neurological – 0.25 hours <b>- Complete MOD 4 Pretest with 80% or better score</b>
3rd Quarter					
5.02 – Resuscitation Skills <b>In-Person Session</b>	11/18/2025	6:30:00 PM - 10:30:00 PM	Tuesday	Vanessa Ojeda	<b>Due by this session:</b> - Online session 6.09 – Soft Tissue Injuries – 2.0 hours - Online session 6.10 – Special Considerations – 1.0 hour

5.03 – Resus & Shock Scenario Lab <b>In-Person Session</b>	11/20/2025	6:30:00 PM - 10:30:00 PM	Thursday	Vanessa Ojeda	<b>Due by this session:</b> - Online session 6.11 – Environ Emergencies – 2.0 hours - Online session 6.12 – Multi-System Trauma – 0.75 hours
5.04 – Resus & Shock Testing <b>In-Person Session</b>	11/22/2025	8:00:00 AM - 12:00:00 PM	Saturday	Vanessa Ojeda	<b>Due by this session:</b> - Online session 7.01 – Obstetrics – 2.0 hours - Online session 7.02 – Neonatal – 0.75 hours <b>- Complete MOD 5 Pretest with 80% or better score</b>
6.08 – Trauma Skills I <b>In-Person Session</b>	11/22/2025	12:30:00 PM - 4:30:00 PM	Saturday	Vanessa Ojeda	<b>Due by this session:</b> - Online session 7.04 – Pediatrics – 3.0 hour
6.13 – Trauma Skills II <b>In-Person Session</b>	11/25/2025	6:30:00 PM - 10:30:00 PM	Tuesday	Vanessa Ojeda	<b>Due by this session:</b> - Online session 7.03 – Patients w Special Needs – 1.0 hrs - Online session 7.04 – Pediatrics – 3.0 hour - Online session 7.05 – Geriatrics – 2.0 hours
6.14 – Trauma Scenario Lab <b>In-Person Session</b>	11/29/2025	8:00:00 AM - 12:00:00 PM	Saturday	Vanessa Ojeda	<b>Due by this session:</b> - Online session 8.01 – Ground Safety/Amb Ops – 1.5 hrs - Online session 8.02 – Air Medical – 0.25 hours - Online session 8.03 – MCI due to Terrorism – 0.75 hours
6.15 – Trauma Testing <b>In-Person Session</b>	11/29/2025	12:30:00 PM - 4:30:00 PM	Saturday	<b>3<sup>rd</sup> Quarter Exam – Cognitive and Psychomotor</b> Vanessa Ojeda	<b>Due by this session:</b> - Online session 8.04 – Vehicle Extrication – 1.0 hour - Online session 8.05 – Multiple Casualty Inc – 1.0 hrs <b>- Complete MOD 6 Pretest with 80% or better score</b>
<b>4th Quarter</b>					
7.06 – Spec Population Skills 7.07 – Spec Population Test <b>In-Person Session</b>	12/2/2025	6:30:00 PM - 10:30:00 PM	Tuesday	Vanessa Ojeda	<b>Due by this session:</b> - Online session 8.06 – HazMat Awareness – 2.00 hour - Online session 8.07 – ICS 100– 2.00 hours <b>- Complete MOD 7 Pretest with 80% or better score</b>
8.10 – Operations Skills <b>In-Person Session</b>	12/4/2025	6:30:00 PM - 10:30:00 PM	Thursday	Vanessa Ojeda	<b>Due by this session:</b> - Online session 8.08 – NIMS – 2.00 hours - Online session 8.09 – Developmental Dis – 0.5 hrs
8.11 – Operations Test 9.01 – Final Practice Day <b>In-Person Session</b>	12/6/2025	8:00:00 AM - 12:00:00 PM	Saturday	Vanessa Ojeda	<b>Complete MOD 8 Pretest with 80% or better score</b>
9.02a – Final Testing I <b>In-Person Session</b>	12/6/2025	12:30:00 PM - 4:30:00 PM	Saturday	Vanessa Ojeda	<b>Due by this session:</b> - None
9.02b – Final Testing II <b>In-Person Session</b>	12/9/2025	6:30:00 PM - 10:30:00 PM	Tuesday	<b>Final - 4<sup>th</sup> Quarter Exam – Cognitive and Psychomotor</b> Vanessa Ojeda	<b>Complete MOD 9 Pretest with 80% or better score</b>