

EMT COURSE SCHEDULE

Less Stress Instructional Svcs -Cedar Grove - Aug Nights 2025

This course is a part-time commitment of around 16 skills hours plus 6-8 hours of online lessons and reading every week

Course Session	Date	Time	Day	Lecturer/Instructor	Due by this day:
Orientation In-Person Session	8/22/2025	1830-2030	Friday	Vanessa Ojeda	Due by this session: Have your account made at NJEMS.us and your EMS ID Number ready Have your student agreement signed and ready to turn in
Scheduled Check-In Online Meeting	8/29/2025	1830-2030	Friday	Vanessa Ojeda	Due by this session: - Online session 1.01 – EMS Systems – 2.5 hours - Online session 1.02 – Research – 0.75 hours - Online session 1.03 – Therapeutic Comms – 1.5 hrs - Online session 1.04 – EMS Sys Comms – 0.75 hrs - Online session 1.05 – Med/Ethical/Legal – 3 hrs - Online session 1.06 – Documentation – 1.5 hrs - Online session 1.07 – Medical Term – 1.0 hr - Online session 1.08 – Anatomy & Phys – 2.0 hrs
1st Quarter					
1.14 – Preparatory Skills 1.15 – Lifting Moving lab 1.16 – MOD 1 Exam In-Person Session	9/6/2025	8:00:00 AM - 12:00:00 PM	Saturday	Vanessa Ojeda	Due by this session: - Online session 1.09 – Workforce Well-Being – 1.5 hr - Online session 1.10 – Life Span Development – 1 hr - Online session 1.11 – Pathophysiology – 2.0 hrs - Online session 1.12 – Public Health – 0.75 hrs - Online session 1.13 – Pharmacology / Medications Administration – 1.25 hrs - Complete MOD 1 Pretest with 80% or better score - Online session 2.01 – Airway – 3 hrs
2.02 – Airway Skills Lab I In-Person Session	9/6/2025	12:30:00 PM - 04:30PM	Saturday	Vanessa Ojeda	Due by this session: - Online session 3.01 – Scene Size-up – 1.0 hour - Online session 3.02 – Initial Assess – 1.0 hr - Online session 3.03 – History Taking – 0.75 hrs
2.03 – Airway Skills Lab II In-Person Session	9/9/2025	6:30:00 PM- 10:30:00 PM	Tuesday	Vanessa Ojeda	Due by this session: - Online session 3.04 – Secondary Assess – 1 hr - Online session 3.06 – Monitor Devices – 0.5 hr
2.04 – Airway Scenario Lab In-Person Session	9/11/2025	6:30:00 PM - 10:30:00 PM	Thursday	Vanessa Ojeda	Due by this session: - Online session 3.07 – Reassessment – 0.25 hrs - Online session 3.08 – Put it all together 0.5 hr - Online session 3.09 – Vital Signs Didactic 1 hr
2.05 – MOD 2/Q1 Exam In-Person Session	9/13/2025	8:00:00 AM - 12:00:00 PM	Saturday	1st Quarter Exam – Cognitive and Psychomotor Vanessa Ojeda	Due by this session: - Online session 4.01 – Medical Overviews – 0.75 hr - Online session 4.02 – Psych Emerg – 1.25 hours - Complete MOD 2 Pretest with 80% or better score

2nd Quarter					
3.05 – PT Assess Lab I In-Person Session	9/13/2025	12:30:00 PM - 4:30:00 PM	Saturday	Vanessa Ojeda	Due by this session: - Online session 4.01 – Medical Overviews – 0.75 hour - Online session 4.02 – Psychiatric Emergencies – 1.25 hrs - Online session 4.03 – Gastrointestinal – 0.75 hours
3.10 – Secondary Assess Lab In-Person Session	9/16/2025	6:30:00 PM - 10:30:00 PM	Tuesday	Vanessa Ojeda	Due by this session: - Online session 4.04 – Immunology – 1.25 hours - Online session 4.05 – Endocrine – 1.0 hour
3.11 - PT Assess Lab II In-Person Session	9/18/2025	6:30:00 PM - 10:30:00 PM	Thursday	Vanessa Ojeda	Due by this session: - Online session 4.07 – Respiratory Emergencies – 2.0 hrs - Online session 4.08 – Neurologic Emergencies – 1.5 hrs - Online session 4.09 – Toxicology – 1.75 hours
3.12 - PT Assess Lab III In-Person Session	9/20/2025	8:00:00 AM - 12:00:00 PM	Saturday	Vanessa Ojeda	Due by this session: - Online session 4.10 – Cardiology – 2.0 hours - Online session 4.11 – Medication Protocols – 1.0 hour
3.13 – Assessment Testing In-Person Session	9/20/2025	12:30:00 PM - 4:30:00 PM	Saturday	Vanessa Ojeda	Due by this session: - Online session 4.13 – Non-Traum Ortho/ENT – 1.00 hr - Online session 4.14 – Genitourinary – 0.25 hours - Online session 4.15 – Gynecological – 0.25 hours - Online session 4.16 – Hematological – 0.5 hours - Online session 4.17 – Infectious Disease – 0.75 hours - Complete MOD 3 Pretest with 80% or better score
4.06 – Medical Lab I In-Person Session	9/23/2025	6:30:00 PM - 10:30:00 PM	Tuesday	Vanessa Ojeda	Due by this session: - Online session 5.01 – Resuscitation and Shock – 3.00 hrs
4.12 – Medical Lab II In-Person Session	9/25/2025	6:30:00 PM - 10:30:00 PM	Thursday	Vanessa Ojeda	Due by this session: - Online session 6.01 – Trauma Overviews – 1.5 hours - Online session 6.02 – Bleeding – 1.25 hour
4.18 – Medical Patients III In-Person Session	9/27/2025	8:00:00 AM - 12:00:00 PM	Saturday	Vanessa Ojeda	Due by this session: - Online session 6.03 – Chest Trauma – 1.5 hours - Online session 6.04 – Abdominal & Genito – 2.0 hrs
4.19 – Medical Scenario Lab In-Person Session	9/27/2025	6:30:00 PM - 10:30:00 PM	Saturday	Vanessa Ojeda	Due by this session: - Online session 6.05 – Musculo-Skeletal Injuries – 2.0 hrs
4.20 – 2 nd Quarter Testing In-Person Session	9/30/2025	6:30:00 PM - 10:30:00 PM	Tuesday	2nd Quarter Exam – Cognitive and Psychomotor Vanessa Ojeda	Due by this session: - Online session 6.06 – Head and Spine Injuries – 2.25 hrs - Online session 6.07 – Neurological – 0.25 hours - Complete MOD 4 Pretest with 80% or better score
3rd Quarter					
5.02 – Resuscitation Skills In-Person Session	10/2/2025	6:30:00 PM - 10:30:00 PM	Thursday	Vanessa Ojeda	Due by this session: - Online session 6.09 – Soft Tissue Injuries – 2.0 hours - Online session 6.10 – Special Considerations – 1.0 hour

5.03 – Resus & Shock Scenario Lab In-Person Session	10/4/2025	8:00:00 AM - 12:00:00 PM	Saturday	Vanessa Ojeda	Due by this session: - Online session 6.11 – Environ Emergencies – 2.0 hours - Online session 6.12 – Multi-System Trauma – 0.75 hours
5.04 – Resus & Shock Testing In-Person Session	10/4/2025	12:30:00 PM - 4:30:00 PM	Saturday	Vanessa Ojeda	Due by this session: - Online session 7.01 – Obstetrics – 2.0 hours - Online session 7.02 – Neonatal – 0.75 hours - Complete MOD 5 Pretest with 80% or better score
6.08 – Trauma Skills I In-Person Session	10/7/2025	12:30:00 PM - 4:30:00 PM	Tuesday	Vanessa Ojeda	Due by this session: - Online session 7.04 – Pediatrics – 3.0 hour
6.13 – Trauma Skills II In-Person Session	10/9/2025	6:30:00 PM - 10:30:00 PM	Thursday	Vanessa Ojeda	Due by this session: - Online session 7.03 – Patients w Special Needs – 1.0 hrs - Online session 7.04 – Pediatrics – 3.0 hour - Online session 7.05 – Geriatrics – 2.0 hours
6.14 – Trauma Scenario Lab In-Person Session	10/11/2025	8:00:00 AM - 12:00:00 PM	Saturday	Vanessa Ojeda	Due by this session: - Online session 8.01 – Ground Safety/Amb Ops – 1.5 hrs - Online session 8.02 – Air Medical – 0.25 hours - Online session 8.03 – MCI due to Terrorism – 0.75 hours
6.15 – Trauma Testing In-Person Session	10/11/2025	12:30:00 PM - 4:30:00 PM	Saturday	3rd Quarter Exam – Cognitive and Psychomotor Vanessa Ojeda	Due by this session: - Online session 8.04 – Vehicle Extrication – 1.0 hour - Online session 8.05 – Multiple Casualty Inc – 1.0 hrs - Complete MOD 6 Pretest with 80% or better score
4th Quarter					
7.06 – Spec Population Skills 7.07 – Spec Population Test In-Person Session	10/14/2025	6:30:00 PM - 10:30:00 PM	Tuesday	Vanessa Ojeda	Due by this session: - Online session 8.06 – HazMat Awareness – 2.00 hour - Online session 8.07 – ICS 100– 2.00 hours - Complete MOD 7 Pretest with 80% or better score
8.10 – Operations Skills In-Person Session	10/16/2025	6:30:00 PM - 10:30:00 PM	Thursday	Vanessa Ojeda	Due by this session: - Online session 8.08 – NIMS – 2.00 hours - Online session 8.09 – Developmental Dis – 0.5 hrs
8.11 – Operations Test 9.01 – Final Practice Day In-Person Session	10/18/2025	8:00:00 AM - 12:00:00 PM	Saturday	Vanessa Ojeda	Complete MOD 8 Pretest with 80% or better score
9.02a – Final Testing I In-Person Session	10/18/2025	12:30:00 PM - 4:30:00 PM	Saturday	Vanessa Ojeda	Due by this session: - None
9.02b – Final Testing II In-Person Session	10/21/2025	6:30:00 PM - 10:30:00 PM	Tuesday	Final - 4th Quarter Exam – Cognitive and Psychomotor Vanessa Ojeda	Complete MOD 9 Pretest with 80% or better score